

## **ABSTRACT**

An accessory mount, and a method for mounting accessories for a hand held firearm having a barrel and a mounting rail coupled beneath the barrel, the accessory  
5 mount including a frame, defining a substantially flattened bottom surface and a track for mounting along the mounting rail, the frame having a cavity for receiving a light, and a bipod mount coupled adjacent the track and behind the light cavity and arranged to hold a bipod having legs which can be folded substantially adjacent the barrel.

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